

# JS Solo hike - 1 night

Total: 13736g

Pack: 11645g

Worn: 2091g

Consumable: 3175g

Name	Description	Category	Worn	Cons.	Qty	Weight
Head torch	Petzl XP 2	tools	No	No	1	88g
Trowel	Sea to Summit collapsible	tools	No	No	1	92g
Para cord	1 x 25ft length	tools	No	No	1	44g
Knife / Multi-function Tool	Leatherman Squirt	tools	No	No	1	57g
Trekking Poles	Leki - Makalu (pair)	tools	No	No	1	523g
Tent - Double Rainbow Breathable Liner	Breathable Tent Liner	shelter	No	No	1	110g
Tent - Double Rainbow	Tarptent Double Rainbow	shelter	No	No	1	1.17kg
Book	Miscellaneous paper back	none	No	No	1	120g
Stove - Caldera Cone	GSI Halulite (incl. caddy) - confirm weight	none	No	No	1	213g
Notebook	Moleskin	none	No	No	1	140g
Food - 2 days	Solo (per-person)	food	No	Yes	1	1200g
Water (1.5L)		food	No	Yes	1	1500g
Wine	Half-bottle	food	No	Yes	1	375g
Hardshell Jacket	Karrimoor Elite Alpiniste	clothing	No	No	1	497g
Shirt L/S	Merino, crew zip, Macpac	clothing	No	No	1	167g
Pants - convertible	Mountain Designs	clothing	Yes	No	1	611g
Boots	Scarpa - Leather, pair	clothing	Yes	No	1	1480g
Down Jacket	RAB Microlight	clothing	No	No	1	400g
Backpack	Boreas - Lost Coast 60L	Storage	No	No	1	1523g
Pillow (camping)	Cocoon Ultralight	Sleeping	No	No	1	105g
Sleeping Bag (20deg)	Enlightened Equipment	Sleeping	No	No	1	701g
Sleeping Mat	Nemo Astro Air	Sleeping	No	No	1	675g
Spork	Light My Fire	Kitchen	No	No	1	9g
Aero Press	Coffee Maker	Kitchen	No	No	1	227g
Cook Set (lightweight)	GSI Halulite Dualist with bowls, cups	Kitchen	No	No	1	510g
Fuel - Metho	1 night (20ml / meal, 60ml spare)	Kitchen	No	Yes	1	100g
Water Bottle (soft) - 1L	Platypus	Hydration	No	No	1	35g
Hydration Bladder - 1.5L	Source Widepac	Hydration	No	No	1	110g
Filter	Sawyer Squeeze, incl 1L bottle	Hydration	No	No	1	93g
Toileteries	Soap (incl. container), tooth paste, tooth brush and toilet paper	Health and Hygiene	No	No	1	200g
Camera	Fuji x100	Electronics	No	No	1	500g
iPhone 4	with Case	Electronics	No	No	1	161g